Eagle IFAK, Basic

Field Manual & Standard Operating Procedure

North American Rescue Individual First Aid Kit, Black, Item 85-0177



Section 1 Mission Brief & Intended Use	**Section 2** Component Familiarization	**Section 3** Deployment SOP	**Section 4** Warnings & Safety	**Section 5** Readiness & Sustainment

Prepared under the authority of Valerie Ellis Lavin, Founder and CEO, Retired U.S. Army First Sergeant

This field manual supplements, and does not replace, the manufacturer's instructions for use and hands-on training from a qualified instructor. Follow your agency protocol or medical direction. Product names are trademarks of their respective owners.

SECTION 1

Mission Brief & Intended Use

1.1 Mission Objective

Carry point-of-wounding care on the vest or belt in one of the smallest IFAKs in North American Rescue's line, and get into it with one hand.

1.2 Scope of Application

Self-aid and buddy-aid for penetrating, blast or other traumatic injuries: extremity hemorrhage, wounds that need packing or pressure, and penetrating chest wounds.

The North American Rescue Eagle IFAK Basic is a compact individual first aid kit for point-of-wounding and self-aid/buddy-aid care, built to address penetrating, blast or other traumatic injuries.

1.3 OPERATIONAL CONTEXTS

Tactical and military

MOLLE/PALS on body armor or an assault vest.

Patrol

High or low on a duty or pistol belt with the 2.25 inch belt loop.

Prepared citizens

On a range belt or pack.

SECTION 2

Component Familiarization

Know every component by name and by feel before you need it.

2.1 BLEEDING CONTROL

C-A-T tourniquet, Black

Windlass tourniquet for extremity bleeding.

Flat ETD, 4 inch

Pressure dressing with a sterile non-adherent pad.

NAR Wound Packing Gauze

Z-fold gauze for packing.

2.2 CHEST AND PPE

HyFin Vent chest seal twin pack

Two vented chest seals.

Bear Claw nitrile trauma gloves

One pair, size Large.

2.3 CARRIER

Mounting and access

MOLLE/PALS connectors, upper or lower 2.25 inch belt loop, Quick Pull Tab, detachable shock-cord inner panel with color-coded tab. Compatible with NAR Quick Detach Panels, sold separately.

SECTION 3

Standard Operating Procedure: Deployment

Scenario: During a warrant service, an operator takes fragmentation to the upper arm and side. A teammate opens the Eagle IFAK on the operator's armor with the Quick Pull Tab, applies the C-A-T, then checks and seals a penetrating wound on the chest wall.

01

3.1 Assess and open

1. **Check the scene and glove up.** Confirm the scene is safe enough to work. Put on the nitrile gloves if time allows, but never delay a tourniquet for gloves.
2. **Find the life threats.** Expose the injuries. Look first for life-threatening bleeding from an arm or leg, then for wounds to the torso between the neck and the navel, front and back.
3. **Open the kit one-handed.** Pull the Quick Pull Tab to open the carrier, then pull the color-coded tab to remove the shock-cord inner panel.

02

3.2 Control bleeding

4. **Apply the C-A-T.** Take the C-A-T from the kit. Place it 2 to 3 inches above the bleeding site on skin, pull the band tight and fasten it back on itself, twist the rod until bleeding stops, lock it in the clip and check for bleeding and a distal pulse. If either is present, tighten further or apply a second C-A-T side by side with the first. Record the time on the windlass strap.
5. **Pack wounds a tourniquet cannot reach.** For deep bleeding where a tourniquet cannot be placed, pack the wound firmly with the NAR Wound Packing Gauze down to the source of bleeding and hold firm direct pressure.

03

3.3 Dress, seal, hand off

6. **Apply the 4" Flat ETD.** Open the dressing at the red tear notches. Place the sterile non-adherent pad directly over the wound or packed gauze, wrap the elastic bandage firmly around the limb or body using the Quick-Grip Roll Control tabs to keep the roll under control, and fasten it with the securing device.
7. **Seal chest wounds.** For a penetrating wound between the neck and the navel, open one HyFin Vent seal from the twin pack, wipe the skin around the wound clean and dry, pull the large red tab and press the seal over the wound from the center outward. Use the second seal on an exit wound.
8. **Reassess and hand off.** Recheck every intervention, keep the casualty warm, and report injuries, interventions and the tourniquet time to EMS or receiving medical personnel. Restock the kit before it returns to service.

SCENE	EXPOSE	PULL TAB	TOURNIQUET	DRESS	SEAL

SECTION 4 · READ CAREFULLY

Critical Warnings, Limits & Safety

Medical warning: This kit holds temporary, life-sustaining interventions. Every casualty treated with it needs evacuation to advanced medical care.

4.1 APPLICATION HAZARDS

Tourniquet first

Treat life-threatening extremity bleeding before anything else. Do not delay the tourniquet to open other packaging or put on gloves.

Chest seal watch

A sealed chest wound can still worsen. Monitor breathing and burp the seal at the red tab if breathing gets harder.

Dressing tension

Wrap the ETD firmly enough to hold pressure on the wound without cutting off circulation below it.

4.2 SCOPE OF PRACTICE

Training first

Practice tourniquet, wound packing and chest seal skills hands-on before you need them. Reading this manual is not training.

Leave the tourniquet on

Do not loosen or remove an applied tourniquet in the field. Removal is a decision for medical personnel.

4.3 EQUIPMENT INTEGRITY

Intact packaging

Do not use a dressing, gauze or chest seal whose package is torn or opened. Replace it.

Restock after use

Replace every used or opened item with the same component before the kit returns to service.

SECTION 5

Readiness, Inspection & Sustainment

5.1 Staging for Deployment

- Mount the kit in the same position every time so either hand finds the Quick Pull Tab.
- Keep the C-A-T staged out of its wrapper and folded for one-handed use.
- Arrange the shock-cord panel so each item sits where you expect it.
- Practice the one-handed open with each hand.

5.2 Periodic Inspection

- [ ] **Scheduled inspection**

  Open the kit on a set schedule. Check packaging on dressings, gauze and chest seals for tears or broken seals, and check any dates printed on them.

- [ ] **Tourniquet check**

  Inspect the C-A-T's band, buckle, rod, clip and strap for wear or damage.

- [ ] **Carrier check**

  Check the Quick Pull Tab, MOLLE/PALS connectors, belt loop and shock-cord panel for wear.

5.3 SERVICE LIFE & REPLACEMENT

> Replace components by any dates printed on their packaging and after any use or damage. Follow North American Rescue's instructions for each component.

This field manual supplements, and does not replace, the manufacturer's instructions for use and hands-on training from a qualified instructor. Follow your agency protocol or medical direction. Product names are trademarks of their respective owners.